

# Wilderness First Aid

## July 18 & 19, 2009

Sponsored by Mounds State Recreational Area / IDNR

### LOCATION

Brookville Lake  
Mounds State  
Recreational Area  
Brookville, IN

### TIMES

Course is 16 hours in  
length, 9:00 a.m. until 6:00  
p.m. both days.

### COST

\$125.00 per person which  
includes the textbook and  
certification card. This  
course is open to  
anyone 14 years of age or  
older (under 18 requires  
parental consent and waiver).

**Class size is limited and  
pre-registration is  
required.**

**For more information,  
or to register,  
please call:  
(317) 281-7591**

Imagine that you are hours away from help in a remote area, or because of a natural or man-made disaster. Would you know what to do if you or someone else became ill or injured?

Have fun and enjoy the outdoors as you learn Wilderness First Aid, which is providing emergency treatment to people who are more than one hour from definitive medical care. Upon successful completion of this course and written exam you will earn WFA certification valid for 3 years.

Topics include:

- What is Wilderness Medicine?
- Legal Aspects of Care
- Broken Bones, Sprains, and Strains
- Wound Care
- Venomous and Noxious Animals
- Fishhook Removal
- Diabetic Emergencies
- Heart Attack
- Stroke
- Lightning Strike Safety/Treatment
- Heat and Cold Emergencies
- Improvised Splints
- First Aid Kit Construction
- And more!



**Register Online at: [www.wfamounds.eventbrite.com](http://www.wfamounds.eventbrite.com)**